



# Fruit Pops

Yield: 12 skewers



## INGREDIENTS & EQUIPMENT

- Watermelon, sliced
- Cantaloupe, sliced
- Salt
- Fresh lemon juice
- Cookie cutters
- 12 Bamboo skewers

## MARKET SHOPPINGLIST

- WATERMELON**
  - Froggy Meadow
  - Iron Creek Organic Farm
  - Nichols Farm & Orchard
- CANTALOUPE**
  - Nichols Farm & Orchard
  - Iron Creek Organic Farm

**1.**

Lay a slice of fruit on a cutting board.  
Use the cookie cutters to cut out various shapes.

**2.**

Poke fruit onto a bamboo fruit skewer.

**3.**

Squeeze a bit of fresh lemon juice over the fruit and sprinkle with a pinch of salt before serving!